



FREE THETAN

Newsletter of the association of
professional independent scientologists

Preserve, Protect & Promote

April 2017

Volume 8 Issue 4



THE FIFTH DYNAMIC—is the urge toward existence of the animal kingdom. This includes all living things whether vegetable or animal. The fish in the sea, the beasts of the field, or of the forest, grass, trees, flowers or anything directly and intimately motivated by life. This can be called the **ANIMAL DYNAMIC**.

Fundamentals of Thought

FREE THETAN

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Preserve, Protect & Promote

FREE THETAN
Volume 8 Issue 4 April 2016

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

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<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i> http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

What is a double standard?

A central concept in Hubbard's philosophy is that we are not bodies but are immortal spiritual beings. And being immortal, individuals are not confined to one planet but may have in the past and, who knows may in the future, occupy other planets around the universe. This is a belief common not only to scientology. Indeed it is more common that you might think.

In fact a Gallup Poll a few years ago demonstrated that a good one third of the population in the United States believed earth is being visited by extra-terrestrials. In the East reincarnation, in which an individual returns to another body when the prior one is finished, has been a common believe for thousands of years. Buddhism, for example, which has been around far longer than any western Johnny come lately newspaper or TV station, has held a similar belief for thousands of years.

It forms the central theme for Tibetan Buddhism. In fact the Dalai Lama is considered the 14th incarnation of the one and only Dalai Lama. Something the media and many ignorant people choose not to comment on. Nowhere do I read that the Dalai Lama is an alien or even considered a little strange for having ruled his country for hundreds of years in various bodies. In fact he is treated with the utmost respect by the media who scrabble for his attention. It is only recently, in the 'western world', that the belief we are only 'one lifers' has been promoted. The media do not knock Buddhism for having similar beliefs, or Hinduism, and even respects the Islamic faith which has some interesting concepts as well. This is a good example of a double standard. This indicates it is not the beliefs that are being disparaged by the media but the Philosophy itself. And here one can ask oneself why?

Until next time.

Much arc,

Michael Moore
Editor

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

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The Tone Scale

An Extract from Science of Survival

From Funk and Wagnall's New Standard Dictionary, Supplement No. 5:

di.a.net'ics noun:

A system for the analysis, control and development of human thought evolved from a set of coordinated axioms which also provide techniques for the treatment of a wide range of mental disorders and organic diseases: term and doctrines introduced by L. Ron Hubbard, American engineer. (Gr. dianoetikos - dia, through plus noos, mind) -- di.a.net.ic adj. Assuming the basic idea that the sole fundamental of existence is survival, the problems of man's behavior apparently resolve rapidly. His interpersonal relations, the operation and purposes of his organizations and groups become understandable.

Science is, to many people, a sacred cow. Actually, by definition, science is only the organi-

zation of apparently disrelated facts into a useful whole. Aligned on certain basic axioms (which can be found in the appendix) Dianetics is a useful body of knowledge by which may be resolved the puzzle of man and his behavior. A search for an energy of life begun in 1930 has been partially resolved by the discovery of the lowest common denominator of existence: SURVIVE.

A gross error has been made by scientists in the past who sought, materialistically, to explain life on the basis of mud, chemicals and electricity. It was the contention of these individuals that matter, electrical energy, operating in space and time, combined in some incredibly lucky moment to form a self-perpetuating unit and that this item fortuitously grew and grew and one day man appeared on the scene. This child-like logic breaks down if only on the basis of the odds against it. It breaks down again when evolution, as postulated, is seen to be of only limited usefulness, being actually as full of holes as an ocarina. The main test of any "scientific" hodgepodge, is its usefulness to man. The mud-to-man theory, and it is just a crude theory, has not resolved man's behavior. These schools of thought gave man unlimited weapons such as the atomic bomb and yet failed to give man sanity enough to regulate his own affairs or use the type of energy released by that bomb for purposes other than destroying towns. So we can conclude and lay in a quiet grave any and all scientific theories which have not led to peace on earth or have failed to give us a predominance of men of good will. Of course there are lots of individuals who would like to go on having man believe he is basically mud but to those we bequeath the electric shock machine and the prefrontal lobotomy, the highest level of operation to which the mud-to-man theory led.

An examination of existence and the fondest hopes to which man has clung discovers for us the possibility that the energy of life is a different thing from the current flowing in a

power line or the energy radiated by atomic fission. It is not necessary to have a vast knowledge of physics to conclude that life is something more than a mechanical contrivance rigged out of atoms and chemicals. In the first place, it follows only a few of the electromagnetic-gravitic laws and at best only vaguely parallels these. Life has its own performance rules.

A further examination of life demonstrates that it is undoubtedly made up in part of matter and that it exists in space and time. This is quite certain because a dead organism disintegrates into dust. Something has obviously ceased to be a part of this organism, however, the moment it fully died. This "something" has variously been called the human soul, the spirit, the life force. Bergson called it "elan vital."

The scientist who deals constantly with machines and chemical reactions has for some decades looked on a life organism as an oxygen-carbon motor, a heat energy machine which operated not unlike a steam locomotive. He dismissed the wild variables this introduced into any attempted solution to life and living by the expansive statement that life was simply more complicated than machines men built but that it was actually just another machine. A "too complicated" school of thought, masquerading as science, took up this argument, seeing that it obfuscated any real explanation, or reason for one, and began to say that the human mind, being part of a machine which was too complicated for biology and biochemistry, was of course too complicated to understand. It is felt that this waving aside of the problems of mind operation, this acting on the defeatist principle that the problem could not be solved, introduced "therapies" which were "too complicated." It took four to twelve years to get an inkling of these therapies and all evidence to hand, carefully compiled, shows that they do not work, that the problems of criminality, insanity and war still remained, with these systems of "therapy," far out of control. The too-

complicated school of life and mind operation gives us a picture of a group of demon exorcists rushing around plague-ridden London a couple of centuries ago, telling everyone they had the solution to the plague, while some hundreds of thousands of Englishmen died the black death.

Let us look for a simpler solution, one which does not require twelve years of schooling and practice to learn, one which will deliver to us a therapy and, more important, an understanding of life, man, and mind operation which can resolve the 19,000,000 insane, our millions of criminals, and international madness.

We find the first leg of this solution in considering life force, elan vital, or what have you, as an energy dissimilar to electrons and molecules and mud. The laws of this "energy," once they are isolated and stated, are found to be parallel to, but dissimilar to the laws of the physical universe.

Let us call this life energy by a symbol in order to identify it. We will assign to it the Greek letter theta and distinguish it as an energy existing separate and distinct from the physical universe as we know it.

The physical universe would be the universe of matter, energy, space and time. It would be the universe of the planets, their rocks, rivers, and oceans, the universe of stars and galaxies, the universe of burning suns and time. In this universe we would not include theta as an integral portion, although theta obviously impinges upon it as life. From the first letters of the words matter, energy, space, and time, we can composite a new word: MEST.

In Dianetics we are dealing then with theta and MEST. Theta is thought, life force, elan vital, the spirit, the soul, or any other of the numerous definitions it has had for some thousands of years.

As soon as we separate the two entities, a host of problems heretofore quite complex resolve into simplicity. Theta, we could say, comes from the universe of theta, which is different

from the MEST universe. Theta has its own matter -- ideas; it has its own energy and the characteristics of that energy; it has its own space of operation, as distinct from MEST space; and it has its own time.

There is an enormous amount of evidence to support theta as a postulate. Thought is instantaneous in the MEST universe so far as can be discovered. The flow of energy along nerves in an organism does not travel at light speed. Time and past, of the MEST universe, do not exist for theta.

Considering theta one finds that it, alone of observable energies, motivates and activates MEST matter and energy through space and time. Further, it computes, reasons, learns and retains what it learns. Men, building a computer with electronics which would do only a part of what the human mind can do would have to use enough electrical power to light New York City, enough cooling system to absorb Niagara Falls, and enough vacuum tubes, if they cost a cent apiece, to run up a bill of a million dollars. And the apparatus so rigged, under the existing life terms of tubes, would run a split second before stopping for tube replacement.

The human mind does more than such a clumsy machine, does it better, last a lifetime and, to cap it, is portable.

Now all a student of Dianetics needs to know and understand about all this is that theta plus MEST equals life; that theta and MEST have a natural affinity for each other and combine, linking the two universes, so to speak; that theta and MEST coming together too hard get into a turmoil which we call pain; and that the turbulence of theta and MEST under the duress of too much impact gives us a tone scale.

Theta crushed too hard into MEST becomes entheta. MEST crushed too hard into theta becomes enMEST. Entheta is simply a compound word meaning "enturbulated theta." And enMEST is another word meaning "enturbulated MEST."

Consider that theta in its native state is pure reason or at least pure potential reason.

Consider that MEST in its native state is simply the chaotic physical universe, its chemicals and energies active in space and time.

The cycle of existence for theta consists of a disorganized and painful smash into MEST and then a withdrawal with a knowledge of some of the laws of MEST, to come back and smash into MEST again.

MEST could be considered to be under onslaught by theta. Theta could be considered to have as one of its missions, and its only mission where MEST is concerned, the conquest of the physical universe. MEST is under raid. Theta is doing the raiding.

Theta survives by conquering MEST and retaining the conquest. Theta may have numerous other methods of survival but they do not apply to this particular physical universe where we are situated.

The survival of theta depends, as it applies to this universe, on changing MEST and organizing MEST.

Life is a manifestation of theta-conquered MEST. Theta has conquered and organized with high complexity certain MEST chemicals and energies into life forms. These forms are very diverse. They progress from the lowest orders, such as the lichens and moss, through the entire vegetable kingdom, through the animal kingdom and up to man. Each form evolved from the initial impact of theta against MEST, and each form on a higher level is supported by lower-level forms.

Without the lichen and the moss to make soil, no plant life could grow. Without plant life converting sunlight and chemical into cellular food, no animal could live. Without the array of life forms below him, man could not support himself as an intelligent organism. Intelligence would be more or less wasted in lower forms. Evolution from lesser forms to greater forms exists in present time and wholly in present time. Evolution traced back along the time

span is evolution traced through the MEST remaining after the theta had passed over it.

Man alone of the animal and vegetable kingdom possesses the potential power of changing MEST in wholesale lots into something theta can use. Man can, by steam shovel and dynamite, move mountains and perhaps -- who knows? -- conquer agalaxy. Theta thus evolves toward higher and higher reason and a higher and higher ability to conquer and change the physical universe -- MEST.

If we grant the cycle of re-creation, growth and decay and the postulate that theta conquers MEST by first impinging solidly into it and learning about it and then withdrawing to come back with what it has learned, we can see that theta learns by becoming enturbulated and then straightening itself out as an endless process. People have known this for a long while, one learns, they say, by hard knocks. That would be a simple way of saying that theta gets painfully mingled with MEST and withdraws to come back for an orderly conquest.

If this is the cycle -- and this assumption solves

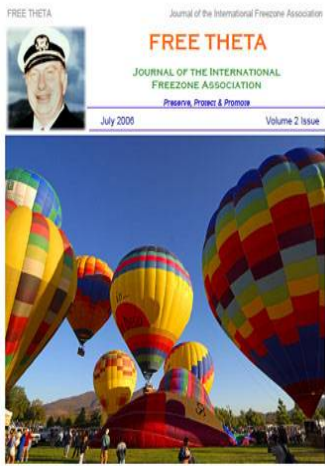
problems which were never solved before -- then we can see that theta would have to have a withdrawal mechanism, and so it does. Death is that mechanism. Theta and MEST are attached to each other but when they become painfully mixed up, they become entheta and enMEST. Entheta rejects MEST.

EnMEST rejects theta. Theta combines with theta or MEST. MEST combines with theta or MEST.

Here we have something not unlike a chemical reaction. Two chemicals reside placidly with each other until stirred up.

Stirred they blow apart. Or we could liken this to a characteristic of some energies which, when they have their wavelengths changed, reject each other. This is death. Theta and MEST get too enturbulated and the organism dies, the remaining theta rejecting the MEST body, the MEST body rejecting the theta.

There is nothing very complicated about this postulate, even though it solves a great many problems. One could say that when life becomes too painful, the body sickens and withers and the soul departs.



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

—SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

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"REALITY IS THE AGREED UPON
APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8-8008
Lafayette Ron Hubbard

Man has for many ages inclined to a belief in free theta. Science became very unpopular when it sought to break down and abolish, by logarithmic decree, the human soul.

However, we do not need a human soul to explain the theta-MEST separation called death even though evidence is growing -- good evidence of a highly scientific nature on a much more practical level than parapsychology -- that the human soul does exist in fact.

Recently at a major university a group of well done experiments demonstrated that living organisms had about them a field of energy which had a point source. If the energy radiated from the cells alone, according to past theory, the picture presented would have been quite different. Free theta, then, could be postulated to exist. The usual genetic line of generations begetting generations of like organisms explains, in accepted biological terms, the traverse of theta through generations.

It seems inevitable that, as theta conquered MEST and made it into higher and more complex organisms, the problem of getting enturbulated theta and MEST separated for the next generation would be resolved, at last, on an intellectual level and within one generation; theta mastering the problem of smoothing itself out within the organism itself. Actually, at a swift glance, this is Dianetics.

The defeat of death entirely is not wholly desirable. Evolution is set up to provide better and better organisms, better able to survive. Without death, all existing planetary space would soon be glutted with life which could not be supported. Death can take no holiday. But life can be much more effective at least for the species called Man.

The cycle of conception, growth, decay, and death, according to our postulate of theta and MEST, would be the cycle of pleasure-and-pain learning by which the organism is refined so that the new generation it begets is better able to cope with the environment and conquer MEST than was the older generation. In one

lifetime, there is much accumulated pain. The cells are subjected to pain by continual forceful contact with MEST as in accidents, or by collision with other life forms. The whole organism as an organism is subjected to pain with every defeat in its efforts to fulfil its purposes of survival by a conquest of MEST. By pain the cells learn new methods of construction for better survival. Out of organism pain, the organism learns new skills and methods of surviving. The hitch has been that once an organism was subjected to pain, it accumulated some knowledge but it also accumulated some entheta and enMEST. When it had accumulated enough to be highly ineffective it died, leaving the next generation to carry on. For a man, this is not efficient. There is nothing wrong with his learning by pain and pleasure what is bad and good about existence, but there is a great deal in error with his having to carry with him an excess of entheta and enMEST which hide knowledge from him and cut down his ability to function in his proper role.

Inevitably a high form of life could be expected to resolve this entheta-enMEST problem without an intervening death cycle.

The enMEST-entheta turbulence is called in Dianetics an engram. An engram is an area in time when theta and MEST have come forcefully together and have intermingled "permanently."

A small boy falls and hits his head. He is for an instant unconscious. As soon as he gets up he may think he has a complete memory of what happened to him. But there is an instant which is occluded from his consciousness. That instant contains a turbulent area of entheta and enMEST. A tiny bit of his theta and a small portion of MEST have become a part of his unreasoning mind. This moment is an engram.

There are two minds, for our purposes. One is the analytical mind, the other is the reactive mind. The analytical mind is where theta coordinates and reasons for the organism.

The reactive mind is where theta and MEST have become enturbulated. The analytical mind operates by reason. The reactive mind operates by reaction.

The reactive mind, having a different polarity than the analytical mind, has the capacity of compelling or inhibiting the organism in regard to certain of its actions. Lower forms of animals have this as their main method of thought.

The reactive mind was once called the "unconscious" mind. It is a tough, rugged mind

which is alert during any moment of life, regardless of the presence of pain, and which records everything with idiotic faithfulness. It stores up the entheta and enMEST of an accident with all the perceptics (sense messages) present during the "unconsciousness" resulting from the accident. Thus the small boy who hit his head on the rock knows analytically that he fell and hit his head, perhaps, but he "knows" better with his reactive mind. Suppose the smell of dust was present in the accident. The reactive mind has stored the perceptic of the smell of dust. The boy one day happens to be weary and to smell this identical smell. He becomes a little nervous. This is the reactive mind telling him to react and get out of here because when this smell is present, one gets a bump on the head. That is not logical, but that is the way the reactive mind operates. If the boy does not leave the area and the smell of dust, the reactive mind turns on the pain, in an effort to force him to leave. Finally, the boy learns to avoid the smell of dust because when he is tired this smell makes his head ache. He does not like the smell of dust, because to the reactive mind the smell of dust equals a bump on the head.

With an analytical mind, the organism can think complex thought and is aware of being alive. With the reactive mind, the organism reacts in accordance with data received during the highest threat to survival -- unconsciousness.

So long as the reactive mind functioned in organisms which had not evolved language it was a very workable mechanism. When an animal was injured, his reactive mind picked up all the perceptics regarding this injury -- sounds, smells, tactile, sights -- and whenever these appeared in the environment of the animal his mind would make him run or fight. Thus he was safeguarded by past moments of pain. It is a sort of shotgun method and has a thorough workability which, while it would deny the animal pleasure at times, at least kept him alive in a tooth and claw environment. When man evolved his analytical mind into a high enough level of action to need language, trouble set in, for the reactive mind could also contain words.

Words heard during moments of unconsciousness, such as those spoken during operations or around a very ill or severely injured person, are faithfully recorded along with their pain. Like hypnotic suggestions, these recordings can be brought into play by a similar word or environment and cause the individual to act as though in the presence of danger. Restimulated by the environment, these past moments of physical pain and unconsciousness force the individual into obedience.

Engrams, these moments of pain and unconsciousness stored in the reactive mind, act like hidden command posts in the mind, forcing the individual into patterns of thinking and behavior which are not called for by a reasonable appraisal of the situation. For the engram is not reasonable. It is simply a recording which has the sole purpose of steering the individual through supposed but usually non-existent dangers.

Until Dianetics, the engram was not suspected for it was well hidden as an entity. The word, engram, is an old one, borrowed from biology. It means simply, "a lasting memory trace on a cell." It may be engraved on more than the cell. But, up against Dianetic processing, it is not very lasting.

Here, then, is a piece of entheta-enMEST --

the engram. MEST and theta, coming together too forcefully, as in an impact or injury, or getting enturbulated through illness, are stored in the reactive mind and from three mechanically enturbulate the theta of the analytical mind into compulsive or obsessive action or enturbulate the MEST of the body into pain, deformity or psychosomatic illness (chronic somatics, as they are called in Dianetics).

Accumulate enough entheta in the reactive mind, and the analytical mind becomes aberrated enough to commit suicide or to undertake non-survival activities in order to remove the organism from the world of organisms and let another generation take up the work. Let enough enMEST accumulate in the reactive mind and the MEST of the body will enturbulate into pains and illnesses which will kill the organism and serve the same purpose. This, then, is the basic assumption on which we are operating in Dianetics. The assumption is a workable postulate in that its application produces very advantageous results.

The relatively sane person becomes more sane. The psychosomatically ill become well. The unhappy become able to obtain pleasure and lead happy lives, and we have a chance to bring about enough sanity amongst men to stop the mass murder of war. We can resolve the usual problems of behavior and set up a better organization.

The person undertaking to process another individual dianetically is seeking only to raise the "tone" of that individual -- in other words to increase his survival potential. In order to do this, the processor simply regains for the other the theta involved in the reactive mind as entheta. Theta is restored to the analytical and, the reactive mind is left without its destructive store of turbulence and the individual being processed becomes a Dianetic release or clear.

Column A on the chart is graduated as a tone scale. Actually this scale has many more heights and levels than those we can now measure and use. How high it actually goes we

have no way of knowing at this time. For our purposes, it is put to use here between the levels of -3 and 4.0.

It is different from other MEST only in that it has been organized by theta into new chemicals and compounds, for MEST is evolved into new complexities by theta just as organisms are evolved by theta.

At -1, for a short time after death, we have body cells alive. Some of these cells live for as much as a year after organism death, according to some investigators. This is, in any event, the band of cellular life, as different from organism life.

At 0.0 we have death at the moment the theta withdraws from the organism.

From 0.0 to 2.0 we have the band of operation of the reactive mind. Between these points on the tone scale, the reactive mind is in command of the organism. The reactive mind, in this band, directs the organism according to stored engrams and the analytical equivalent of the engram, the lock.

From 2.0 to 4.0 we have the band of operation of the analytical mind.

Above 4.0 we could postulate other mind levels such as the aesthetic mind, through other minds, to the free theta mind, if such things exist.

This tone scale shows the current level of survival of the organism. It shows also the potential of survival in terms of longevity of the organism (unless processing intervenes, of course).

The higher the individual is upon the tone scale, the better chance he has of obtaining the wherewithal of living, the happier he is, the healthier his body will be. Actually a person fluctuates on this scale from hour to hour and day to day. He receives good news, he goes momentarily to tone 3.0. He receives bad news, he may sink for a moment to tone 1.0. He falls in love and for a month he is at level 3.5. His girl leaves him and for a week he is at tone 0.5. When he is very young he rides around tone 3.5. As he grows older his tone

drifts down to 2.5. As an old man he may drift down to 0.0 and death either slowly or swiftly. We are interested in the average level for the individual for the period of life we are addressing. The average is fairly constant. An individual's average place on the chart can be gauged by inspecting the other columns. Thus he may be an average 2.7 on the tone scale and yet reach 3.5 on occasion, and yet sink to 0.5 on other occasions but only for a short time.

The constant position on the tone scale is determined by three factors. The first is the accumulated entheta in the person -- how much of his theta is enturbulated in engrams and analytical locks and so strikes back against him, forcing him into non-survival activities or compelling him or inhibiting him in environments containing imagined dangers.

The second factor is the amount of theta the person has as life force. This would be his volume of theta. It is another dimension on the chart. Terror is fear with lots of volume. One person has more volume of theta than another and can thus stand to have more enturbulence, more engrams. One may have so little native theta that half a dozen engrams will convert it all into entheta, leaving the person insane. Another may have so much theta that thousands of engrams still leave him with enough actual theta to go on living a productive life in the 2.0-plus zone.

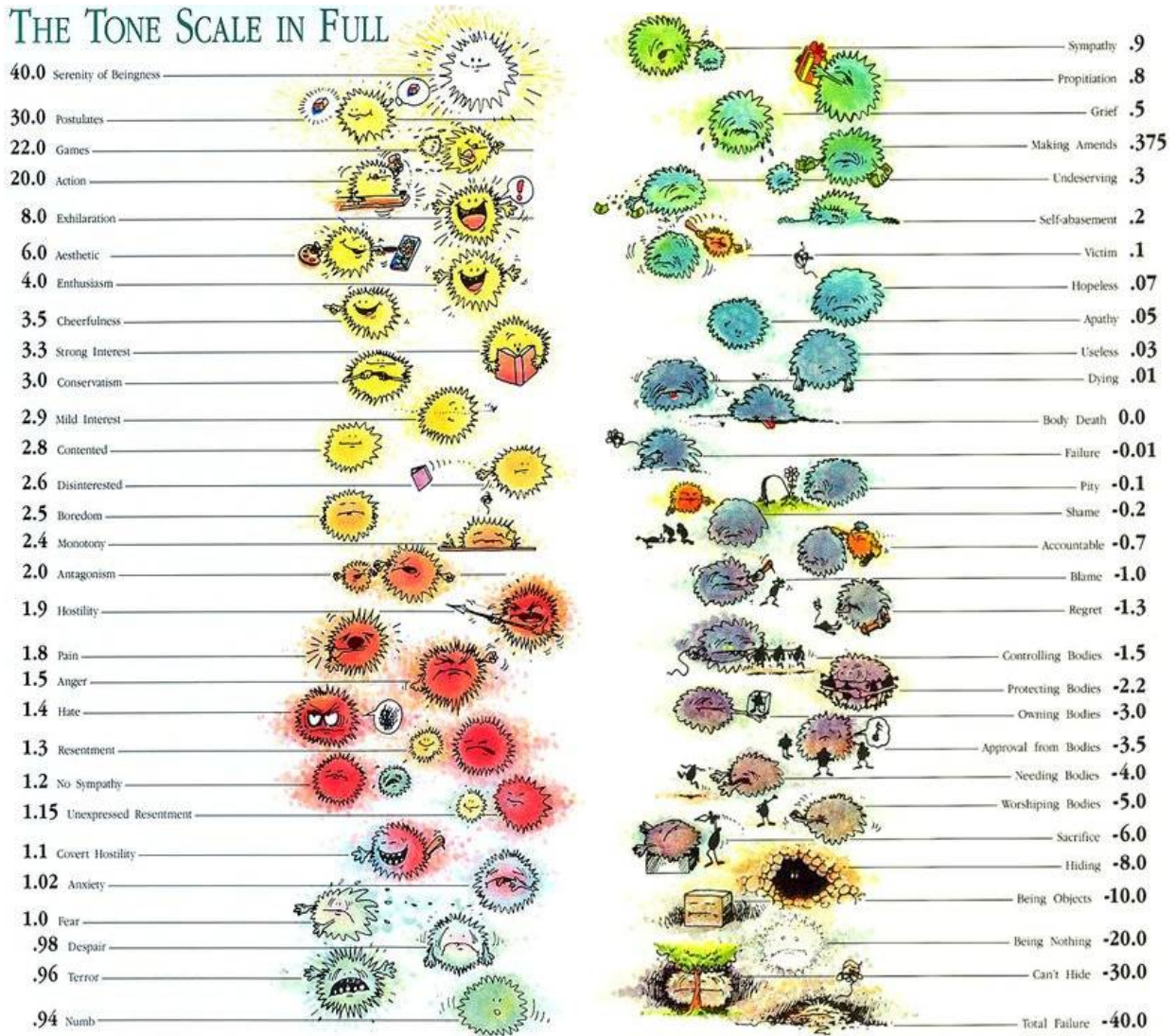
The third factor is a ratio between the analytical mind and the reactive mind. An individual may have a reactive level of 1.0 and an analytical level of 3.5. The result is that when he is in

a restimulative environment he may be covertly hostile but in a more favorable environment he may be analytically very productive. These two minds average out to a constant. All the person doing processing -- an auditor, he is called in Dianetics -- needs to know about this tone scale is that it gives the percentage of theta of the case which by engrams and locks has become chronically entheta.

To raise a person on this tone scale it is only necessary to recover or convert theta from entheta. Remove, in other words, the stores of turbulence from a person's life or render them unrestimulated. An auditor is not trying to cure anything. He is simply raising tone. Incidental to a raised tone, psychosomatic ills commonly vanish and aberrations disappear. But this is incidental. The task is to make a human being happier, more effective, better able to accept responsibility and aid his fellow man. That the person being processed gets "well" in the period and stays "well" is a bonus. Anything which raises a person's tone can be considered legitimate processing. This includes, of course, nutrition, environment, and education, as well as processing. Simply taking the person to see a movie he wants to see may raise his tone. Processing achieves permanent rises in tone. If it is illegal anywhere to process people, then it must also, sequitur, be illegal to make people happy.

~oo00oo~

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners. You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think. You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Handbook for Preclears

So I've jumped head first into the Handbook for PreClears. And, WOW is all I can say. I've only done the first 3 Acts, but it's amazing how much I am already learning and Winning. For instance, it was amazing to see how much my overbearing mother (don't get me wrong, I love her to death) has effected my life and shaped who I am. And, I discovered that my father has had much much more impact and effect on who I am than I originally thought. With my mother being overbearing, I figured my father got washed out somewhere. Not so, judging from my cognitions. Also, I realize that I am obsessed too much with my past mistakes and actions. Now that I am aware of these things, it's time to take these Wins and build on it to unenturbulate even more of my theta!

It had been a while since I had a major Win (reading SOS, while an amazing and excellent journey, did get a little tedious in the end).

The Handbook for Preclears appears to be the next great step for me on the Bridge!

Method 1 win

I just finished the Mini Method 1 Co-audit course. This is exciting for me because I've previously just been a solo auditor. I look forward to helping others clear up definitions.

Success M-1 Completion

First, M-1 was lot of fun! Call me a geeky weirdo if you want, but looking up definitions, knowing what some word means completely and with certainty is just a blast. Also had a wonderful time delving into grammar--another fun endeavour.

Second, as a result of M-1 I'm spotting many words, long part of my daily vocabulary that I have never actually looked up. I have meanings for these words, probably pretty accurate ones, but where did those meanings come from if I've never looked the word up?

And how can I have complete certainty of no misunderstandings. If I've never looked them up? All these fractional uncertainties add up. Before M-1 I would not have spotted these words.

Third, M-1 has had a rehabilitating effect on my curiosity to find out about new things: "Who is that person?", "I don't know about that subject.", "Gee, what IS the definition of that word?"

Method One Word Clearing Course

I have enjoyed the data on this course very much. In going over the material, I found that some of the HCOB's I had studied previously. Not only did I get a lot out of them again, but in tearing apart the previously studied items and then researching touched on, but not elaborated items, I grasped a much greater depth of understanding of what is going on with a pc and what one is actually doing. This has not only given me the data on M-1 but clarified a lot of shaky ground for me as a solo auditor as well. This has been a great course. Being in the Course room and studying tech again at all has been enlightening and enjoyable.

Objectives

At first, running Objectives seemed boring. As it went on, there were a few interesting cognitions. Had some fun with "Touch that (object). Touch that (body part), as it sometimes felt like I was doing the "Macarena" dance! I can touch anything or get any idea I want. I enjoyed "Get the idea of making that (object) disappear"! At the end, I didn't even have to look at the object to make it disappear! The possibilities!! Thank you.

False Purpose Rundown

"Big Being
Ever felt like there was something inside you

that was overwhelmingly big or powerful but you kind of had to keep it under control or even better: You didn't know how to unleash it? Or it wasn't safe? Or or or ...

If you did --- I hear and duplicate you very very well. I certainly felt those things.

What I regained from the FPRD Basic Form that I just completed is that I was powerful and sharp and a lot of that has come back rather suddenly.

I have regained certainty that I am a spiritual being. It is a real gift to myself and for my dynamics.

I am not native to this Universe, I'm not a MEST body, I am composed of Affinity, Reality and Communication and Understanding and I am capable of great patience, love and beauty and I am senior to MEST.

As a thetan, I used to be really simple, really powerful and I could command universes at will.

Sometimes I lost my temper and a few planets went flying but I have confessed my sins. LOL I was loving and gentle with a hint of impatience, but all in good fun. Kind of like a few curious babies playing together, sometimes one gets pissed at the other.

Save yourself grief, forget buying a brand new shiny car or diamonds and instead I propose you unleash your power; unleash YOU.

Continue your auditing. Do your FPRD if you have not already.

It's amazing. Real solid wins.

Audited NOTs completion Success Story

If you ever wondered how the human mind really works and didn't know what questions to ask, this is the level for you! I've had questions answered I didn't even know that I wanted to ask. I've probably read or listened to 700 to 800 of LRH's lectures which includes 10 R & D volumes and I never had a clue about the data on OT V.

After OTIII, I kind of thought OTV might be more of the same – not so – the questions the auditor asked are amazing and surprising! It’s not something I’ve wondered about because I didn’t know there was any such thing! And the answers are more amazing than the questions!

One question early on in the level is the type of question you wonder how in the world LRH came up with it. The question was shocking – and even now the answer amazes me when I think about it! It cleared up 40 years of confusion I had about a session in the early 70’s.

I found out why I had such a rough time with Dianetics in the late 60’s and early 70’s – and basically why I had so much trouble with au-

diting in general until I started on the OT levels.

I also found out how an OT can create an effect in another location. I found out because I did it in session! I created an effect in another location in answer to one of the session questions and it was almost as shocking as the one I mentioned in the paragraph before last!

This level is a perfect gradient up from OTIII – It’s amazing and fun! If you’re wondering whether to do it or not jump on in – the data alone is worth the price of admission and you won’t find a better auditor anywhere!

~oo00oo~

**The
FREE
THETA**

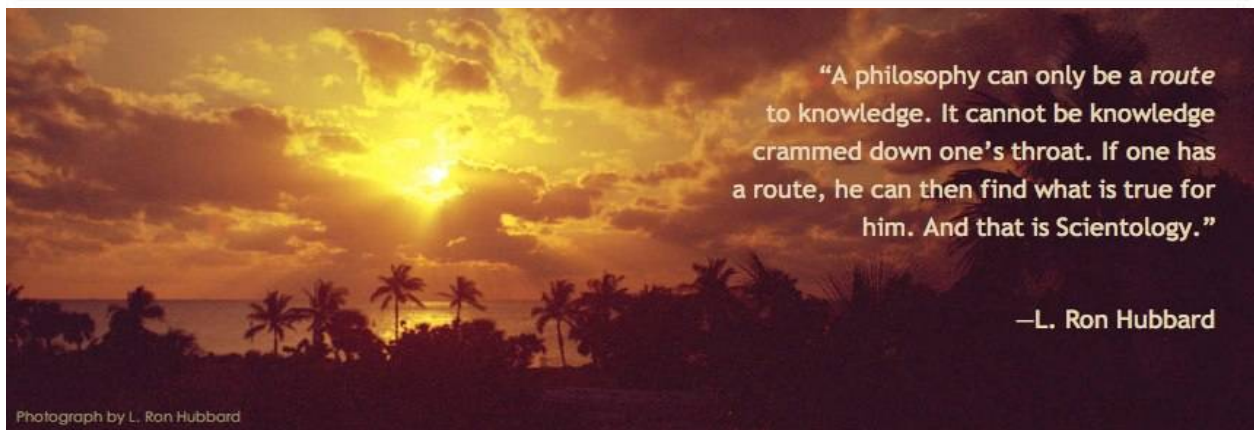
The Members Quarterly Journal of the
Association of professional Independent Scientist

Preserve, Protect & Promote

<http://independent-scientologists-association.net>




reservo, servo, proveho



“A philosophy can only be a *route* to knowledge. It cannot be knowledge crammed down one’s throat. If one has a route, he can then find what is true for him. And that is Scientology.”

—L. Ron Hubbard


Photograph by L. Ron Hubbard



A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

Remembered with Respect and Honor



PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

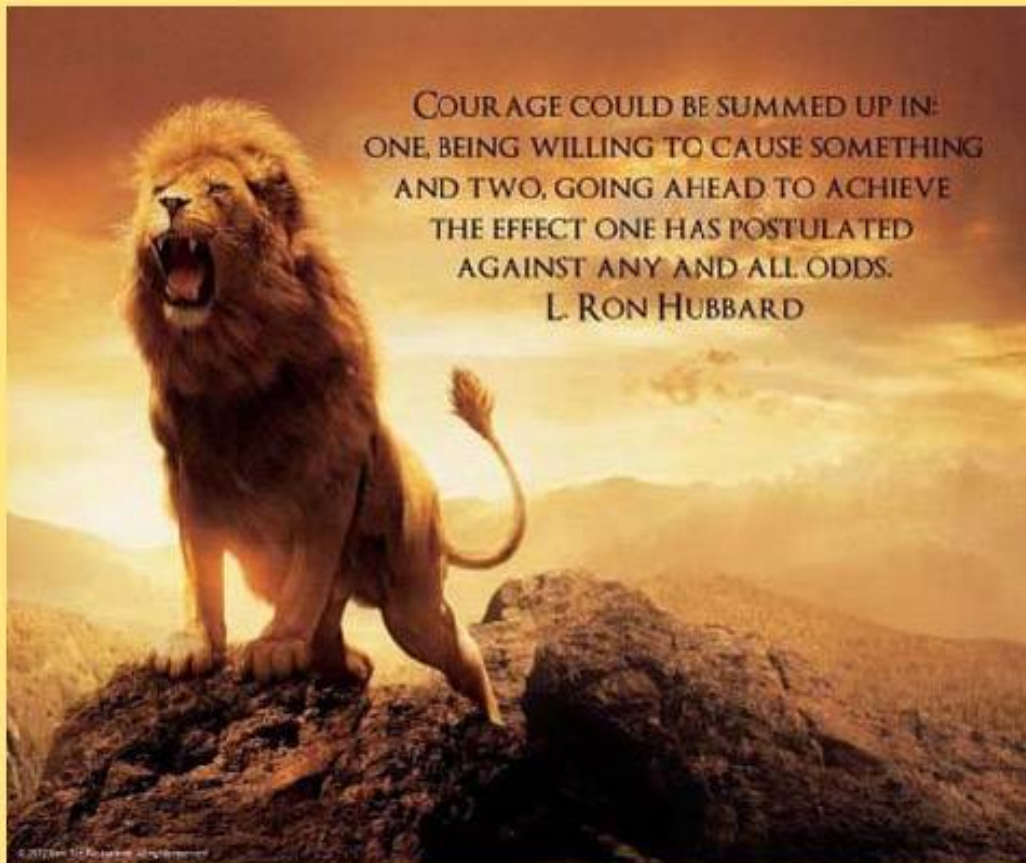
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

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<http://independent-scientologists-association.net/start-a-group.shtml>



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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of Professional Independent
Scientologists today and
make a difference to your life!***

**[http://independent-scientologists-
association.net](http://independent-scientologists-association.net)**

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

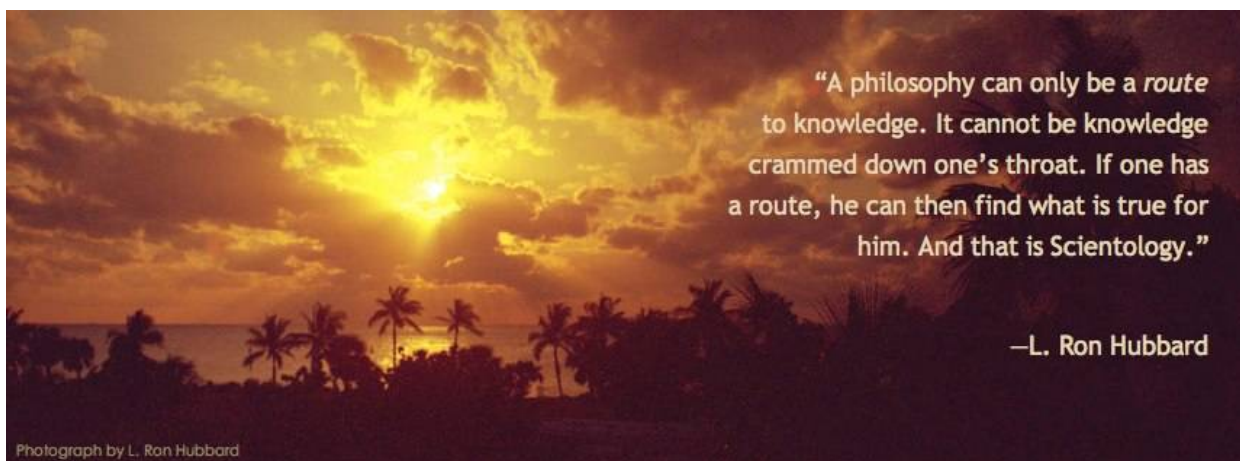
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.



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